



2006 Elite Canada in Women's Artistic Gymnastics

**December 6-10, 2006
Toronto, Ontario**

Presented by

**Gymnastics Canada Gymnastique
and Gymnastics Ontario
In association with Sport Seneca**

Information Bulletin # 1

LOCAL ORGANIZING COMMITTEE

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NATIONAL AND PROVINCIAL REPRESENTATIVES

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Fax : (416) 426-7377

COMPETITION SITE

Seneca College Sports Centre, 1750 Finch Ave. East, Toronto, ON M2J 2X5

There is no separate training gym at this facility. Competition and Training will be in the same venue.

ACCOMMODATION

Holiday Inn Hotel & Suites

7095 Woodbine Avenue
(north of Steeles Avenue)
Markham, Ontario L3R 1A3
Tel: 905-474-0444

www.holiday-inn.com/yyz-markham

Estimated driving time to venue: 10 minutes

Refer to **Elite Canada** when making a reservation. The cost is \$104.00 + taxes per night for single, double, triple or quadruple occupancy. Rooms should be booked no later than **November 3rd**.

Check-in time: 15:00 PM
Check-out time: 12:00 PM

Each team must make its own reservations. You must provide a credit card # for a guaranteed booking.

*** **RESERVATION DEADLINE - NOVEMBER 3, 2006** ***

Alternate hotel:

Radisson Toronto East

55 Hallcrown Place
(off Victoria Park, North of the 401)
Toronto, Ontario M2J 4R1
Tel: 416-493-7000
rhi_toea@radisson.com

Due to the amount of individuals that may be coming for this event, we have rented a number of rooms at an alternative hotel:

Estimated driving time to venue: 10 minutes

Refer to **Elite Canada** when making a reservation. The cost of the room is: \$99.00 per night + tax for single or double occupancy, \$15 for additional person.

Rooms should be booked no later than **November 3rd**.

Each team must make its own reservations. You must provide a credit card # for a guaranteed booking.

ROOMING LIST FOR JUDGES

GCG will reserve the rooms in the Seneca Residence for all the judges, funded or self-funded. Each judge must ensure with the front desk that she is rooming with the assigned person unless she has already requested a single room and will assume the additional cost incurred by GCG. Otherwise the judge will be responsible for the additional cost. Each unit has a private bedroom and shared bathroom and kitchenette. A continental breakfast is included.

Judges must check out of the residence Sunday at noon and bring their luggage to the judges' room at the competition venue.

LOCAL TRANSPORTATION

Clubs are responsible for their local transportation.

AIRPORT/TRAIN/BUS PICK-UP AND DROP-OFF FOR JUDGES

The Organizing Committee will pick judges up at the airport. A person with an Elite Canada sign will be waiting for you in the baggage claim area of the airport. If no one has met you within 30 minutes of your scheduled arrival time, call **Kim Elmgren at 416-668-4006** for further instructions. Also call Kim if your flight is significantly early or late or if there is a last minute change of flight.

Arrangements will be made to get you back to the airport after the competition. This information will be given on Saturday.

SCHEDULE

The tentative schedules is sent in a separate document attached to the covering memo. The schedule will be finalized on **November 24th**.

ATHLETE'S ELIGIBILITY

Gymnasts must meet the requirements set out in Article 3.2 (Section 3) of the Women's Program Manual.

REGISTRATION

The registration forms and the waiver form are in a separate file attached to the covering memo.

Completed registration forms and the waiver form for EACH GYMNAST AND COACH, along with registration fees must arrive at the National Office no later than **November 22, 2006**. **The check for the registration fee, made payable to Gymnastics Canada, MUST accompany the forms.**

A copy of the Registration summary must also be faxed to Sport Seneca (416) 491-5446 by November 22.

Registration Fees:

Athletes	\$85.00
Coaches	\$70.00

A club who wishes a reimbursement of the registration fee for an athlete or a coach who will not be at Elite Canada must submit a request in writing to GCG, attention of Sue Ashton, no later than **November 22, 2006**.

THERE WILL BE NO REIMBURSEMENT OF THE REGISTRATION FEE AFTER NOVEMBER 22.

An athlete not registered by the deadline will be authorized to compete if his/her registration form, the registration fee and the penalty fee (\$50.00) have arrived at the National Office no later than **November 29, 2006**.

No registration will be accepted if arrived at the National Office after **November 29, 2006** unless special dispensation is given by the Program Director WAG. Late entries will replace athletes who withdraw after the draw is done.

NCCP REQUIREMENT

A coach must be certified NCCP Level 3 or have obtained a temporary exemption from the Program Director WAG to be accredited and have access to the training, warm-up and competition floor. Please refer to section 6 of the Women's Program Manual, for detailed information, deadlines and fees.

ACCREDITATION

Accreditation for gymnasts and coaches will be distributed at the Technical Meeting. Coaches are requested to wear their accreditation when on the floor as well as when coming to watch or they will be asked to pay admission. Proper attire is expected on the floor as per the Program Regulations for all coaches. Judges will wear their uniform and do not require accreditation.

EQUIPMENT

Equipment for the competition will be Spieth Anderson. Clubs are not authorized to bring their personal boards or Yurchenko mat to the event.

The National Coach will set the configuration of the springs for the boards as per the document entitled Equipment Specifications and Measurement Procedures, November 2006 Edition (to be circulated). The WAG program staff will proceed with the inspection of the equipment and the mats on Wednesday. There will be no change to the equipment, equipment specifications and/or mats without the specific consent of the OC and WAG program staff.

MEDICAL AND PHYSIOTHERAPY

A physiotherapist will be available during the training and competition sessions. A Medical Doctor will be on call. Each coach must carry the necessary written authorization to have his/her athlete(s) treated. Each person must carry his/her health card.

DOPING CONTROLS

There will be two or three Senior athletes drawn for doping controls following the Senior All-Around competition. There may be unannounced doping controls for carded athletes at any time.

As usual, athletes must be **EXTREMELY** careful with any substance they eat or drink, especially nutritional supplements, herbal compounds, vitamin preparations, etc.. In case of a doubt, please contact CCES.

Tel. 1-800-672-7775
Fax (613) 521-3134

Tel. (613) 521-3340
E-mail info@cces.ca

SENIOR ATHLETES: if your physician has prescribed you a banned or restricted substance, consult him/her to seek an alternative substance which is permissible according to the IOC list. If you take the substance for a medically justified reason and there are no alternative medication, the CCES application form and declaration form must be completed and sent to CCES. CCES is instructing an applicant to pay particular attention to Section Two: Medical History. The forms can be found on the CCES website. Make sure you bring a copy of the CCES approval with you at Elite Canada.

The complete lists of IOC restricted and banned medications are also available on the CCES web-site at www.cces.ca. For any additional questions regarding medication, nutritional supplements or doping control procedures, please contact the Canadian Centre for Ethics in Sport.

AWARD CEREMONIES

- a) All-Around: the top **eight** athletes will receive an award;
two coaches per medalist will receive a medal.
- b) Apparatus: the top **three** athletes on each apparatus will receive an award;
one coach per gold medalist will receive a medal.

Athletes will wear their leotard during the award ceremony.

The head coach of each club is responsible to tell Sheri Wilson who will receive the medal for each ceremony as soon as the results are circulated.

Coaches have the responsibility to report for the award ceremony on time. Coaches will not march with the athletes. They will line-up at the place designated by the Organizing Committee. They will march to the podium when their name is announced to receive their award. They will stand on the podium behind the athletes if there is space on the podium. The award to the coach(es) will be given IMMEDIATELY AFTER the award to his/her athlete. A coach must wear a training suit for the ceremony.

MEALS

The OC will provide a hospitality room for the coaches during training and competition sessions according to a published schedule. Meals for judges will be provided at the gym when on duty.

BULLETIN # 2

The Bulletin will include the following:

- Revised schedule if necessary
- Training groups
- Competition draws

The Bulletin will be e-mailed to provinces and registered clubs on November 24th. Please do not call ahead of time for any of the information to be included in Bulletin #2.



Lise Simard
Program Director for WAG

WAG REMINDERS - FORMS TO SUBMIT

- 1) The form "CONFIRMATION OF ACCEPTANCE OF HP STATUS" must be received at the National Office no later than Friday, **December 15, 2006** for all athletes.

The form "Appendix NCP 1" is in Section 3 of the WP Manual.

- 2) Injured carded athletes who are not in attendance at Elite Canada must submit the proper medical certificate and related information to the Program Director WAG by **December 15, 2006** to be eligible for carding points. This is in line with their Athlete Agreement and the Carding Process.
- 3) Athletes who are in the Senior category for the first year and are absent from Elite Canada for reasons of illness or injury must submit the information requested in the Carding Process to the Program Director WAG by **January 29, 2007** to be eligible for retroactive carding points as stated in the Carding Process.
- 4) Current National Team members who are absent from Elite Canada and athletes training and competing for an American University must submit a petition to be placed or remain on the HP and/or NT lists. In the case of NT members, the medical certificate and all necessary information must be provided to the Program Director WAG no later than Friday, **December 15, 2006**.

The form "Appendix NCP 2" is at the end of Section 3 of the WP Manual.

- 5) Petitions to be on the HP list must be received at the National Office no later than **December 15, 2006** to be considered. Refer to article 3.4.9 in Section 3 of the WP Manual for procedures, and fee if the athlete was not registered for Elite Canada.

The form "Appendix NCP 2" is at the end of Section 3 of the WP Manual.