



## **ACCOMMODATION**

### **Main Hotel**

Best Western Village Park Inn  
1804 Crowchild Trail NW  
Phone: 403-289-0241  
Estimated Driving Time to Venue: 5 minutes

75 rooms have been tentatively set aside. Refer to **Men's Elite Canada** when making a reservation. The cost is \$89.00 + 11% taxes if booked up to 21 days prior to the event for single, double, triple or quadruple (4 children or 2 adults and 2 children) occupancy. Parking charges are additional.

Each team must make its own reservations. You must provide a credit card # for a guaranteed booking.

**\*\*\* RESERVATION DEADLINE NOVEMBER 15, 2006 \*\*\***

### **Alternate hotel:**

Holiday Inn Express  
2227 Banff Trail NW  
Phone: 403-289-6600  
Estimated Driving Time to Venue: 10 minutes

## **ROOMING LIST FOR JUDGES**

GCG will reserve the rooms for all the judges, funded or self-funded. Each judge must ensure with the front desk that he/she is rooming with the assigned person unless he/she has already required a single room and will assume the extra cost. Otherwise the judge will be responsible for the extra cost.

## **LOCAL TRANSPORTATION**

Clubs are responsible for their local transportation.

Special rates for the rental of cars and vans can be obtained by contacting **Enterprise Rent-a-Car** toll free at 1-800-593-0505 and quoting the following number: MVP# 5CA1430 to receive a discounted rate.

The Organizing Committee will transport judges between the hotel and the gym.

## **AIRPORT/TRAIN/BUS PICK-UP AND DROP-OFF FOR JUDGES**

The Organizing Committee will pick judges up at the airport or bus station. A person with an Elite Canada sign will be waiting for you in the baggage claim area of the airport or the arrival lounge at the station. Be patient and wait at least 30 minutes from scheduled arrival time.

Judges must check out of the hotel Sunday at 11:00 am. Arrangements will be made to get judges back to the airport or station at this time. This information will be given to the judges on Saturday.

## **SCHEDULE**

The tentative schedule is attached. The schedule will be finalized after the registration deadline.

## **REGISTRATION**

The registration form and the waiver form are in a separate file.

Completed registration forms and the waiver form for EACH GYMNAST AND COACH, along with registration fees must arrive at the National Office no later than **November 21, 2006**. **The check for the registration fee, made payable to Gymnastics Canada, MUST accompany the forms.**

**A copy of the Registration summary must also be faxed to Alberta Gymnastics by November 21<sup>st</sup>.**

Registration Fees:

Athletes	\$80
Coaches	\$65

A club who wishes a reimbursement of the registration fee for an athlete who will not be at Elite Canada must notify GCG, attention to the program assistant, in writing no later than November 21, 2006.

**THERE WILL BE NO REIMBURSEMENT OF THE REGISTRATION FEE AFTER NOVEMBER 21<sup>st</sup>.**

An athlete not registered by the deadline will be authorized to compete if his/her registration form, the registration fee and the penalty fee (\$50.00) have arrived at the National Office no later than **November 30, 2006.**

No registration will be accepted if arrived at the National Office after **November 30, 2006** unless special dispensation is given by the specific Program Director. Late entries will replace athletes who withdraw after the draw is done.

**NCCP REQUIREMENT**

A coach must be certified NCCP Level 3 or have obtained a temporary exemption from the MPD to be accredited and have access to the training, warm-up and competition floor. Please refer to Article 5 of the Men’s Program Technical Regulations for detailed information, deadlines and fees.

**ACCREDITATION**

Accreditation for gymnasts and coaches will be distributed at the Technical Meeting. Coaches are requested to wear their accreditation when on the floor as well as when coming to watch or they will be asked to pay admission. Proper attire is expected on the floor as per the respective program Regulations for all coaches. Judges will wear their uniform and do not require accreditation.

**EQUIPMENT**

Equipment for the competition will be Spieth Anderson, except for the floor which is AAI. Clubs are not authorized to bring their personal beat boards or Yurchenko mat to the event.

Accelerator (coil) boards will be supplied as follows:

<b>Men’s</b>
Vault: 3 Boards (spring configuration may not be altered)
Parallel Bars: 1 Board

The Program staff will set the configuration of the springs for competition boards. The Gymnastics Canada Staff will proceed with the inspection of the equipment and the mats on Thursday night. There will be no change to the equipment, equipment specifications and/or mats without the specific consent of the OC and the specific national program staff.

**MEDICAL AND PHYSIOTHERAPY**

A physiotherapist will be available during the training and competition sessions. A Medical Doctor will be on call. Each coach is responsible to have the necessary authorizations to have his/her athlete(s) treated.

## **DOPING CONTROLS**

There will be Senior athletes drawn for doping controls following the Senior All-Around competition. There may be unannounced doping controls for Senior National Team members at any time.

As usual, athletes must be **EXTREMELY** careful with any substance they eat or drink, especially nutritional supplements, herbal compounds, vitamin preparations, etc. In case of a doubt, please contact CCES.

Tel. 1-800-672-7775                      Tel. 613-521-3340  
Fax 613-521-3134                        E-mail [info@cces.ca](mailto:info@cces.ca)

**SENIOR ATHLETES:** if your physician has prescribed you a banned or restricted substance, consult him/her to seek an alternative substance which is permissible according to the IOC list. If you take the substance for a medically justified reason and there are no alternative medication, the CCES application form and declaration form must be completed and sent to CCES. CCES is instructing an applicant to pay particular attention to Section Two: Medical History. The forms can be found on the CCES website. Make sure you bring a copy of the CCES approval with you at Elite Canada.

The complete lists of IOC restricted and banned medications are also available on the CCES web-site at [www.cces.ca](http://www.cces.ca). For any additional questions regarding medication, nutritional supplements or doping control procedures, please contact the Canadian Centre for Ethics in Sport.

## **AWARD CEREMONIES**

- a) All-Around: - the top **three** athletes will receive an award.
- b) Apparatus: - the top **three** athletes on each apparatus will receive an award.

## **MEALS**

The OC will provide a hospitality room for the coaches during competition sessions according to a published schedule. Meals for judges will be provided at the gym when on duty.

## **BULLETIN # 2**

The Bulletin will include the following:

- Revised schedule if necessary
- Training groups
- Competition draws

The Bulletin will be e-mailed to provinces and clubs on November 23<sup>rd</sup>. Please do not call ahead of time for any of the information listed above.

Jeff Thomson, Men's Program Director

## ELITE CANADA 2006 - TENTATIVE SCHEDULE FOR MEN'S ARTISTIC

Calgary, Alberta

As of

October 2, 2006

### Wednesday, December 6, 2006

10:00 – 15:00 Open Training in the U of C Gymnastics Gym\*

### Thursday, December 7, 2006

Judges arrival day

08:00 – 20:00 Open Training in the U of C Gymnastics Gym\*  
09:00 – 12:00 MPC Meeting (at Gym) **B127**  
14:00 – 17:00 MTA Meeting (As approved at the 2006 MTA) **Charleswood Room**  
19:30 – 20:15 Technical Meeting (located at Hotel) **Charleswood Room**  
20:30 Hospitality for coaches, judges and organizers (at Hotel) **Foothills II**  
22:30 Set-up of competition site begins

### Friday, December 8, 2006

09:00 – 10:30 Jr./Sr. Training  
10:30 – 12:00 Warm-up Tyro/Novice  
11:00 – 12:00 Judges Meeting & meal at the gym  
12:00 – 14:00 Competition Tyro/Novice  
15:30 – 17:00 Warm-up Junior/Senior  
16:00 – 17:00 Judges Meeting & meal at the gym  
17:00 – 19:00 Competition Junior/Senior

### Saturday, December 9, 2006

09:00 – 10:30 Jr./Sr. Training  
10:30 – 12:00 Warm-up Tyro/Novice  
11:00 – 12:00 Judges Meeting & meal at the gym  
12:00 – 14:00 Competition Tyro/Novice - AA and Event Awards  
15:30 – 17:00 Warm-up Junior/Senior  
16:00 – 17:00 Judges Meeting & meal at the gym  
17:00 – 19:00 Competition Junior/Senior - AA and Event Awards

### Sunday, December 10, 2006

Departure Day

09:30 – 11:30 High Performance Coaches Council  
- Selection Meeting (at Hotel) **Charleswood Room**

\* Training will take place on the equipment to be used in competition which will be relocated to the competition venue (Red Gym) in the evening of Thursday December 7<sup>th</sup>.