

MERCREDI - WEDNESDAY MAY 27 MAI - 2015

JEUDI - THURSDAY MAY 28 MAI - 2015

WAG / GAF		MAG / GAM		WAG / GAF		MAG / GAM		
7:00				7:00				
7:30				7:30			additional training in	
8:00	General W-Up Group 1 8:00-8:30			8:00			training gym 9:00 - 11:00	
8:30	Training NN-Open Group 1 (8:30-10:00 Competition Gym / 10:00-11:30 Training gym)			8:30	Warm-up / Échauffement 8:00 - 8:20		Open / Sr	
9:00				9:00	Open/Ouvert Team / Équipe 8:30 - 12:00		Novice Training /Physical Testing 9:00-11:30	
9:30			9:30				Novice Test Physique / Novice 11:30 - 12:30 Training Gym	
10:00	Training NN-Open Group 2 (10:00-11:30 Competition Gym / 11:30-13:00 Training gym)			10:00				
10:30				10:30				
11:00				11:00				
11:30	Training NN-Open Group 3 (11:30-13:00 Competition Gym / 13:00-14:30 Training gym)		Arrivals and training by request	11:30				
12:00			Training Gym only 10:00 -15:00	12:00	Warm-up / Échauffement 12:30 - 12:50		Physical Testing - Test Physique / Junior 12:00- 14:30	
12:30				12:30			14:30-15:30 Training Gym	
13:00				13:00	Open/Ouvert Team / Équipe 13:00 - 16:00 Nat Team Athlete Meeting 11 - 12			
13:30	Training NN-Open Group 4 (13:00-14:30 Competition Gym / 14:30-16:00 Training gym)			13:30				Senior Podium Training Entraînement Podium Senior 14:30 - 17:30
14:00				14:00				17:30-19:30 Training Gym
14:30				14:30				
15:00				15:00				
15:30			Sr Training Only 15:00-17:30 Competition Gym	15:30				
16:00				16:00				
16:30				16:30				
17:00				17:00				
17:30	Training JR-SR 2 groups 16:00-19:40			17:30	Senior Warm up / Échauffement 17:10 - 18:50		Open Category podium training / Entraînement podium ouvert national 17:30-20:00	
18:00			Coach Consultation/ NTCC Meeting 18:00 - 20:00	18:00			20:00-21:00 Training Gym	
18:30				18:30				
19:00				19:00	Senior Qualification 19:00 - 21:00			
19:30				19:30				
20:00	Technical Meeting / Réunion technique 20:00		Technical Meeting / Réunion technique 20:00	20:00				
20:30				20:30				
21:00				21:00				
21:30				21:30				

VENDREDI - FRIDAY MAY 29 MAI - 2015

SATURDAY - SAMEDI MAY 30 MAI - 2015

WAG / GAF		MAG / GAM		WAG / GAF		MAG / GAM	
7:00				7:00			
7:30				7:30			
8:00				8:00			
8:30	Warm-up/Échauffement 8:30 - 8:50	Novice Team/équipe Warm up / Échauffement 8:30 - 09:55		8:30			
9:00	Novice Team / Équipe 9:00 - 12:20	Novice Team / Équipe 10:00 - 12:30		9:00	Coach Consultation/ NTCC Meeting 9:30 - 11:00	NT Meeting	
9:30							
10:00							
10:30							
11:00							
11:30				11:30		Novice	
12:00				12:00	Warm-up/Échauffement 12:00 - 12:20	Warm up / Échauffement 11:30 - 12:55	
12:30		AWARDS/PRIX		12:30	Open 13-15 Finals (20) Finales Ouvert 13-15 (20) 12:30 - 15:30	Novice Compulsory / Obligatoire AA / Apparatus 13:00 - 15:30	
13:00	Warm-up/Echauffement 13:00 - 13:20	Open / Ouvert Warm up / Échauffement 12:30 - 14:25					
13:30	Novice Team / Équipe 13:30 - 16:15	Open / Ouvert All-Around / Concours multiple Team / Équipe 14:30 - 17:30					
14:00							
14:30							
15:00				15:00			
15:30				15:30	AWARDS/PRIX	AWARDS/PRIX	
16:00				16:00			
16:30	AWARDS/PRIX			16:30			
17:00		AWARDS/PRIX		17:00	Warm-up/Échauffement 17:00 - 17:20	Senior	
17:30	Junior Warm up / Échauffement 17:10 - 18:50	Warm up / Échauffement 17:30 - 19:00		17:30	Open 16+ Finals (36) Finales ouvertes 16+ (36) 17:30 - 21:00	Warm up / Échauffement 16:40 - 18:24	
18:00							
18:30							
19:00	Junior Qualification Junior 19:00 - 21:00	Junior All Around Finals / Finale concours multiple 19:00 - 21:30		19:00		Senior All Around Finals / Finale concours multiple	
19:30				19:30			
20:00				20:00			
20:30				20:30			
21:00				21:00	AWARDS/PRIX	18:30 - 21:00	
21:30		AWARDS/PRIX		21:30		AWARDS/PRIX	

SUNDAY - DIMANCHE MAY 31 MAI - 2015

	WAG / GAF	MAG / GAM
7:00		
7:30		
8:00	Warm-up/Échauffement 8:00 - 8:20	Open /JR Finals / Finales Ouvert/JR
8:30	NN (16) & NHP (20) All around Total des épreuves 8:30-11:30	Warm up / Échauffement 8:00 - 9:30
9:00		Open + Junior Finals / Finales Junior + Ouvers 9:30 - 12:00
9:30		
10:00		
10:30		
11:00		
11:30	AWARDS/PRIX	
12:00	Jr & Sr Finals/Finales	AWARDS/PRIX
12:30	Warm up / Échauffement	SR Finals / Finales
13:00		Warm up / Échauffement
13:30	11:50- 13:50	12:30 - 13:50
14:00	Jr & Sr Finals / Finales 14:00 - 17:00	Senior Finals
14:30		Finales Senior
15:00		14:00 - 16:00
15:30		AWARDS/PRIX
16:00		
16:30		
17:00	AWARDS/PRIX	
17:30		
18:00		
18:30		
19:00		
19:30		
20:00		
20:30		
21:00		
21:30		