

ELITE CANADA 2019

DIRECTIVE

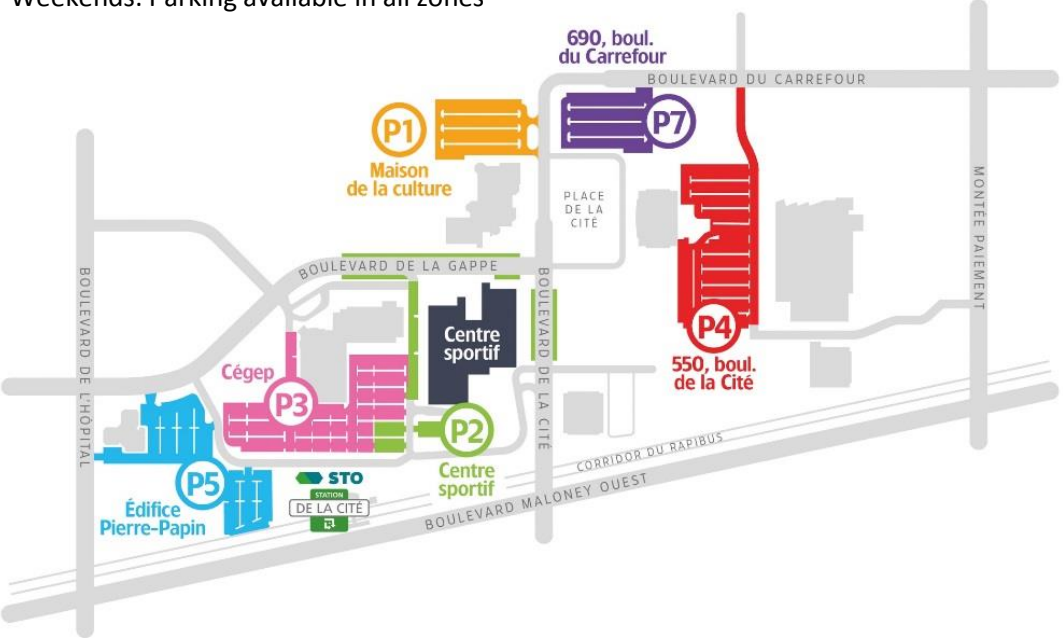
WOMEN'S ARTISTIC GYMNASTICS



GATINEAU, QC
January 30 – February 3, 2019
Centre Sportif de Gatineau



GCG	<p>Gymnastics Canada Gymnastique 1900 Promenade City Park Dr. Suite 120 Ottawa, ON K1J 1A3 Tel: 613-748-5637 Fax: 613-748-5691 website: www.gymcan.org</p> <p>Ian Moss – CEO imoss@gymcan.org 613-748-5637 ext.</p> <p>Mariève Reid – Director of Events mreid@gymcan.org 613-748-5637 ext. 231</p> <p>Julie Forget – Director, Communications & Marketing jforget@gymcan.org 613-748-5637 ext. 233</p> <p>Amanda Tambakopoulos – Manager, WAG Program amanda@gymcan.org 613-748-5637 ext. 238</p> <p>Sue Ashton – Coordinator, Artistic Gymnastics Programs sashton@gymcan.org 613-748-5637 ext. 227</p> <p>Mylaine Doré – Coordinator, Events & Marketing mdore@gymcan.org 613-748-5637 ext. 239</p>
ORGANIZING COMMITTEE	<p>Gymnastique Québec 4545 Pierre-de-Coubertin Avenue Montréal, QC, H1V 0B2</p> <p>Club Unigym 850 Boulevard de la Gappe Gatineau, QC, J8T 0B4</p>

	<p>Organizing Committee Chair & Finance: Jean Paul Caron Logistics: Karine Ferlatte Marketing & Communication: Véronique Desjardins Medical: Mathieu Séguin Technical: Jacynthe Harper Scoring: Sylvain Sirois Protocol: Claire Manon</p>
LOCATION	Gatineau, Quebec
DATE	January 30th to February 3rd, 2019
COMPETITION VENUE	<p>Centre Sportif de Gatineau 850 Boulevard de la Gappe, Gatineau, QC, J8T 7T7</p> <p>Parking Weekdays: Parking available in the green section only Weekends: Parking available in all zones</p> 
INVITED MEMBERS	<p>All Provincial/Territorial Gymnastics Organization registered participants who meet the GCG eligibility requirements according to this document and to the WAG program manuals are invited to participate.</p>

<p>EVENT FORMAT</p>	<p><u>The competition will follow the rules set out in the 2017-2020 FIG Code of Points.</u></p> <p><u>Purpose</u> The purpose is:</p> <ul style="list-style-type: none"> ▪ To identify HP Senior, Junior and Novice athletes for the competitive year; ▪ To rank athletes as part of the system to have access to: <ul style="list-style-type: none"> ○ The Sport Canada Athlete Assistance Program - Carding; ○ National Team status. <p><u>Format of Novice category</u> Day 1: All-Around Day 2: All-Around finals - top 36 athletes</p> <p><u>Format of Junior category</u> Day 1: All-Around Day 2: All Around & Apparatus Finals – Top 18 athletes</p> <p><u>Format of Senior category</u> Day 1: All-Around Final Day 2: Apparatus Finals</p>
<p>ELIGIBILITY</p>	<p><u>ATHLETES</u> For information on the screening process and eligibility of athletes, please refer to section 5 of the WAG Program Manual.</p> <p><u>COACHES</u> All registered coaches must be certified NCCP 3 or have obtained an exemption in writing from the Women’s Program Manager. A coach who is employed on a full-time basis by an organization based outside Canada is exempted from this requirement.</p> <p>All coaches, support staff (head of delegation, chef de mission, team manager, and chaperone) and integrated support team (IST) who will participate in GCG national competitions must have completed the following requirements. Failure to do so will result in a withholding of your accreditation and you will be denied access to the field of play, competition and training venues.</p> <p>Please submit proof of completion to the artistic gymnastics program assistant (vdesjardins@gymcan.org). One email with all proofs of completion per coach, support staff, judge and IST is highly preferred.</p> <p>If you have already submitted proof of completion for Respect in Sport, TrueSport Clean and Making Headway, you do not need to submit them again. To submit an updated Enhanced Background Check (valid within 12 months of competition date), please submit it to vdesjardins@gymcan.org.</p> <p>**PLEASE BE ADVISED THAT THE SCREENING REQUIREMENTS ARE CURRENTLY UNDER REVIEW AND MAY BE SUBJECT TO CHANGE FOR FUTURE EVENTS.</p>

	Requirements	Comments
	Completed Enhanced Background Check, Canada-wide and/or International Police Checks http://sterlingbackcheck.ca/cac_ace	Must be issued within 12 months of the date of the event being attended. Cost is the responsibility of the individual. Required for coaches, support staff, judges and IST.
	Complete <i>Respect In Sport</i> online e-learning module package http://gymcan.org/resources/respect-in-sport	Cost is the responsibility of the individual. Check with your respective province/territory as some may cover the cost. Required for coaches, support staff, judges and IST
	True Sport Clean101 UNTRACKED e-learning course http://cces.ca/truesportclean101untracked	Free module. Required for coaches and IST.
	CAC Making Headway online learning module. www.coach.ca/concussion	Free module – will be included in coach NCCP records on the Locker. Required for coaches and IST.
APPARATUS SUPPLIED	The official supplier of gymnastics equipment for the event is Gymnova S.A. The apparatus supplied is as follows: 1 full set of women’s artistic gymnastics equipment 1 additional beam for Thursday training day *Note: clubs are NOT authorized to bring their personal equipment.	
MUSIC	Music will be collected (CD or USB) during the training on Thursday January 31st . Coaches must ensure to have two (2) copies of each CD or USB for EACH athlete during podium training (day 1). They must be clearly identified with the Athlete’s Name, Category, Club and Province I.e. Jane Doe – Senior – club name, province	

REGISTRATION**Deadlines:**

Judges Names	November 30 th , 2018
Registration & payment	December 14 th , 2018
Judges Flight Information	December 14 th , 2018
Late registration & payment	January 10 th , 2019
Waiver and medical forms	January 11 th , 2019
Refund Request Deadline	January 14 th , 2019

Registration FeeAthletes: **\$125**Coaches: **\$105**

All clubs must register by completing the Excel registration form and returning it to Mylaine Doré (mdore@gymcan.org) and Jacynthe Harper (jay@unigyngatineau.com) by **December 14th, 2018**.

A hard copy of the Excel registration form, completed waiver and medical forms, along with the payment must be RECEIVED at the GCG National Office (GCG – Attention: Mylaine Doré) by the deadline.

- Clubs will have the opportunity to modify (athletes and coaches only) their registration until **January 10th, 2019**. Additions of coaches or gymnasts after December 14th will be charged an additional \$50 per participant. We ask that all additions and/or changes be emailed to mdore@gymcan.org and jay@unigyngatineau.com.
- No registration will be accepted after **January 10th, 2019** unless special dispensation is given by the Artistic Gymnastics Program Manager. In which case a \$50 penalty fee per registered participant (athletes and coaches) will be added to the registration fee – no refund.
- Written request for refund can be made to the attention of Mylaine Doré – mdore@gymcan.org until **January 14th, 2019**. After this date, there will be NO reimbursement of the registration fee. In the event that a gymnast is declared unable to compete after this deadline, and ineligible for refund, the club still has the obligation to inform GCG of this as soon as possible. Please send notification to mdore@gymcan.org.

Other documents – mandatory for registration

The **Waiver and Medical Forms** must be completed for every registered **athlete**. The forms can be downloaded [HERE](#).

All forms must be fully completed. Incomplete forms may jeopardize the eligibility of the athlete.

<p>SCHEDULE</p>	<p>You will find a draft detailed schedule in appendix A.</p> <p>Please note the final detailed schedule, as well as the draw, will be sent separately from GCG after the registration deadline.</p>
<p>TRAVEL</p>	<p>Boulevard Travel is pleased to offer their exclusive “Sports Air Program” to all members.</p> <p>Sport Air Program with Air Canada and WestJet for Groups – Minimum 10 tickets to be eligible</p> <ol style="list-style-type: none"> 1. Air fares – We have exclusive air fares with both Air Canada and WestJet. These fares are negotiated to ensure the absolute best price with the best flexibility in the industry. 2. Free tickets – our programs both include 1 free ticket for every 15th paid (16th paying taxes only) 3. Name change – free and or discounted name changes after ticketing 4. Payments - NO deposits, NO payments until ticketing 5-7 days prior to departures / merely a signed contract with commitment dates 5. Baggage – 1 free standard checked bag per person per direction 6. Ability to deposit all unused group tickets into a travel bank where we can use the credits for any future travel. Air Canada is on any North American Flights **Exclusive to Boulevard Travel 7. Advance Seating – booked for all groups 8. Travel documents / Reporting – Boulevard Travel has developed a number of customized platforms to help with reporting and document delivery which makes travel extremely easy. <p>To secure the best available rate and to discuss booking details please contact: <u>Boulevard Travel – 403-237-6233</u></p> <ul style="list-style-type: none"> • Sharon Phelps, Senior Group & Sport Travel Consultant sharonp@boulevardtravel.com direct: 403-802-4270 • Corinne Palin – Group Account Manager corinnep@boulevardtravel.com direct: 403-802-4284
<p>LOCAL TRANSPORTATION</p>	<p>Clubs travelling by air are to arrive at the Ottawa Macdonald Cartier International Airport in Ottawa. The airport is approximately 30 minutes from the venue.</p> <p>Clubs are responsible for their own local transportation.</p> <p>Judges, who have submitted their travel itineraries by the deadline, will be provided local transportation by the organizing committee between the airport, Quality Inn & Suites Hotel, and the venue.</p> <p>Public transportation – STO Click here for the schedule and how to get around</p> <p>Taxi Taxi Loyal: 1-866-663-8422 Crown Taxi: 819-777-1645 Bob Taxi: 819-561-1512 Taxi Regal: 819-777-5231 Claude Taxi: 819-561-2652</p>

ACCOMMODATION**Official Hotels****Quality Inn & Suites**

111 rue Bellehumeur, Gatineau, QC, J8T 6K5

1.819.568.5252

<http://www.qualityinnandsuitesgatineau.ca/>

Price: \$115/night + tax for King bed or two double or queen beds

Reservation deadline: January 4th, 2019

Code: Unigym Elite Canada

Amenities

Coffee maker & tea

High speed internet

Refrigerator

Restaurant on site

1.5 km from competition venue

Crowne Plaza

2 rue Montcalm, Gatineau, QC, J8X 4B4

1.819.778-3880

<https://www.ihg.com/crowneplaza/hotels/fr/fr/gatineau/yowcp/hoteldetail>

Price: 149\$/night + tax

Reservation deadline: January 4th, 2019

Code: ECA

Amenities

Full kitchen

Wireless internet

Indoor heated pool

Fitness room

9 km from competition venue

Best Western

131 rue Laurier, Gatineau, QC, J8X 3W3

1.819.770.8550

<http://www.bestwesterngatineau.ca/en>

Price: \$140/night + tax

Reservation deadline: December 31st, 2018

Code: Unigym Élite Canada

Amenities

Wireless internet

Indoor heated pool

Fitness room

Restaurant on site

8.5 km from competition venue

MEALS	<p>Clubs are responsible for their own meals.</p> <p>A hospitality room will be provided for the coaches and officials during training and competition.</p>
ACCREDITATION	<p>The GCG accreditation procedures will apply. The system consists of color-coded categories and access zones. GCG reserves the right to take away any accreditation if the rules are not followed.</p> <p>Accreditation will be distributed upon arrival to the competition venue. The accreditation must be worn to access the venue and the competitive area.</p>
MEDICAL	<p>There will be a medical team on site (Physio Outaouais) throughout the competition.</p> <p>Doping control could be conducted. For information on doping control procedures and banned substances, please go to www.cces.ca.</p>
PROTOCOL & AWARD CEREMONIES	<p>The Canadian National Anthem will be played before the first session of competition.</p> <p><u>Award Ceremonies</u> Novice WAG – Top 8 athletes AA and apparatus.</p> <p>Junior and Senior WAG - Top 8 athletes AA and top 3 athletes per apparatus. Combined (both days) results for Juniors.</p> <p><u>Dress code on the awards podium</u> Athletes: Competitive uniform</p>
JUDGES	<p>Names and travel information for self-funded or provincially funded judges are to be sent to Sue Ashton (sashton@gymcan.org).</p> <ul style="list-style-type: none"> • Judges names: November 30th, 2018 • Flights: December 14th, 2018 <p>GCG will make the double occupancy reservations for ALL judges with the host hotel (Quality Inn & Suites) to ensure all judges are at the same hotel. Judges wanting a single room must request it in writing to Sue Ashton by November 30th, 2018 and will be responsible for the additional room cost which could be up to the full cost of the room.</p> <p>The organizing committee will provide local transportation to the judges who submitted their itinerary by the deadline (airport-Quality Inn & Suites-venue).</p> <p>Meals for the judges will be provided during the competition days. Judges will receive a per diem for meals that will not be provided by the organizing committee.</p>

APPENDIX A
ELITE CANADA 2019
 PROVISIONAL SCHEDULE – OCTOBER 2018

	ACTIVITY		
Wed.31	13:00-18:00	WAG PC Meeting	Quality Inn Hotel
Thurs. 1	09:00 – 10:40	Novice Warm-up and training Group 1 (by club)	FOP
	09:30 - 11:00	Judges Briefing Session + safe sport presentation	CS
	10:45 – 12:25	Novice Warm-up and training Group 2 (by club)	FOP
	12:30 – 13:15	Technical Meeting for all coaches	FOP
	13:30 – 15:26	Junior/Senior Warm-up and training Group 1 (by club)	FOP
	15:30 – 17:26	Junior/Senior Warm-up and training Group 2 (by club)	FOP
	18:00 – 19:30	NTCC meeting – For coaches of NT Athletes	CS
Fri. 2	07:00-8:30	Open training Junior (sign-up with floor manager by Thursday, 18:00)	FOP
	08:50 - 09:40	Judges' Meeting	CS
	08:30 – 08:50	Novice Flight 1 General Warm-up	FOP
	08:50 – 09:50	Novice Flight 1 Specific Warm-Up	FOP
	09:00 – 10:00	Meeting of all NT athletes	CS
	09:55– 11:55	Novice Day 1 Flight 1	FOP
	12:00 – 12:20	Novice Flight 2 General Warm-up	FOP
	12:20 – 13:20	Novice Flight 2 Specific Warm-Up	FOP
	13:20 – 15:20	Novice Day 1 Flight 2	FOP
	16:10 – 16:30	Senior General Warm-Up	FOP
	16:30 – 17:50	Senior Specific Warm-Up	FOP
	16:50 – 17:40	Judges' Meeting	CS
	17:55 – 18:00	Elite Canada Opening Ceremonies	FOP
	18:00 – 20:30	Senior All-Around & AA Awards Senior	FOP
Sat. 3	09:00-10:30	Open training Senior (sign-up with floor manager by Friday, 15:30) Penalty of 20\$ per athlete for no-shows.	FOP
	09:00-10:30	BJC Meeting	CS
	10:30-10:50	Junior General Warm-up	FOP
	10:50-11:54	Junior Specific Warm-up	FOP
	11:00-11:50	Judges' Meeting	CS
	12:00-14:15	Junior All-Around	FOP
	14:15	Junior AA Awards	FOP
	15:40 – 16:30	Judges' Meeting	CS
	15:00 – 15:20	Novice General Warm-Up	FOP
	15:20 – 16:32	Novice Specific Warm-Up	FOP
	16:40 – 19:10	Novice All Around Day 2 (top 36)	FOP
	19:10	Novice Awards	FOP
Sun.4	09:30 – 10:50	Jr. General Warm-Up & Sr. AF Warm-Up	FOP
	09:45-10:15	Meeting for all Novice coaches with Alex and Kyna	CS
	10:00 – 10:50	Judges' Meeting	CS
	11:00 – 13:30	Junior All Around Day 2 & Senior Apparatus Finals	FOP
	13:30	Junior & Senior Awards & Special Awards	FOP
	15:00 – 17:00	WAG Program IST meeting (IST Personnel only)	CS

FOP = Field of Play

CS = Centre Sportif (competition venue)