



**2013 Eastern Canadian Gymnastics Championships  
May 10-11, 2013  
St. John's, Newfoundland & Labrador**

**Bulletin # 2**

**Dates:**

Wednesday May 8 <sup>th</sup>	Equipment Set Up
Thursday May 9 <sup>th</sup>	Team Arrival Team Practice
Thursday May 9 <sup>th</sup> @7:00pm.	Artistic Technical Meeting Swilers Complex Crosbie Road (next to venue)
T & T to follow	
Friday May 10 <sup>th</sup>	Competition
Saturday May 11 <sup>th</sup>	Competition

Artistic Meet Director: **Bob Godden**  
T & T Meet Director: **Rita Barrie**  
WAG Chief Judge: **Catherine Lirette**  
MAG Chief Judge: **Kelly Thompson**

**Master of Ceremonies:** Karl Balisch

**Venue:**

Men's and Women's Artistic Gymnastics Trampoline & Tumbling	<b>NL Sports Center</b> Crosbie Road St. John's, NL
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**Equipment:**

Equipment supplied by SA sport

**Registration:**

Athletes	\$80.00
Coaches/Mangers	\$40.00
Judges	\$40.00
1 Complementary Chef de Mission/Representative per Province	



### **Ground Transportation**

PSO Responsibility: GNL has secured special rates for this event from the following company. Please quote Eastern Canadian Gymnastics Championship when calling.

### **Coach & School Bus Charter**

Parson's & Son's Terry Parsons [terry.parsons@parsonsandsons.ca](mailto:terry.parsons@parsonsandsons.ca)

1-877-744-3050 ext 22 (Toll Free)

1-709-744-3300 or 3050 ext 22

**Accommodations:** Provinces are responsible for making their own arrangements. Below are the hotels for delegates. In addition we have provided a list of hotels for parents, family and friends.

### **Athlete Host Hotel Accommodation:**

#### **Holiday Inn**

180 Portugal Cove Road  
St. John's, NL  
A1B 2N2  
1-800-933-0506 or 1709-722-0506  
709-722-9756

Contact: Patricia Martin

Email: [pmartin@fortisproperties.com](mailto:pmartin@fortisproperties.com)

Rate: \$142.99 + tax

[www.holidayinn.com/stjohnsnl](http://www.holidayinn.com/stjohnsnl)

Book rooms under Eastern Canadian Championships

#### **Capital Hotel**

208 Kenmount Road  
St. John's, NL  
Contact: Garry Stamp  
709-738-4480  
1-800-503-1603

Email: [gstamp@steelehotels.com](mailto:gstamp@steelehotels.com)

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Rate: 139.00

#### **Extended Stay Hotels**

222 LeMarchant Road  
St. John's  
709-754-788  
866-373-7888

Email: [SDN@extendedstay.com](mailto:SDN@extendedstay.com)

Rate: 149.99

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#### **Ramada**

102 Kenmount Road  
St. John's, NL  
709-722-9330  
1-866-612-5800

Email: [gflemming@ramadastjohns.com](mailto:gflemming@ramadastjohns.com)

Rate: 139.99

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### **Judge and Coach Meals:**

The judge's meals (5) will be served in the Swilers Complex adjacent to the Sport Center. Please indicate on the registration form if any of the judges has food allergies.

There will be a coaches room located main floor of the venue where coaches can avail refreshments and snacks, at no charge, throughout the two day event.

### **Music**

Music to be on single cut CD

### **Athlete Banquet**

The Athlete Banquet will be held Saturday May 11<sup>th</sup> at the Remax Center, 135 Mayor Avenue, St. John's beginning at 7:30. All provinces must have at least 3 chaperones in attendance. **Accreditation required for admission – NO EXCEPTIONS**

### **Coach and Judge Social**

Saturday, May 11, 2013, 8:00 p.m. – 10:00 p.m.

The Martini Bar (Downstairs)

George Street

Complementary drinks, hot & cold finger food. Live Band begins in upstairs lounge at 10:00 p.m.

**Accreditation required for admission – NO EXCEPTIONS**

### **Medical Services:**

An Emergency Medical Technician, together with a qualified Physio Therapist will be in attendance during all competitive sessions.

### **Opening Ceremonies:**

Opening ceremonies will take place immediately preceding the start of the second session. Provincials are asked to have one athlete available to act as the provincial flag bearer.

### **Spectator Admission Costs:**

	<b>Day Pass</b>	<b>Weekend Pass</b>
Adult	\$10.00	\$15.00
Student (6-16)	\$ 5.00	\$ 8.00
Children under 6	Free	Free



**Training Schedule: Please note changes**

**0900-1200:** NL & PEI  
**1200-1500:** ON T&T  
**1330-1530:** ON Artistic  
**1500-1800:** NB & NS  
**1800-2100:** QC