



May 7, 2013

T&T SCHEDULE

2013 Eastern Canadian Championships

Competition Day 1 - Preliminary Round - Friday May 10

TRA	DMT	TUM
9:00am Gym Open for Stretching		
9:20-9:45am P1 12- F Warm Up	9:20-9:45am P3 F Warm Up	
9:45am Opening Ceremonies		
9:55-10:40am P1 12-F Compete	9:55-10:20am P3 F Compete	
	10:20-10:45am P2 M & P3 M Warm Up	
10:40-11:05am P1 13+F Warm Up	10:45-11:15am P2 M & P3 M Compete	
11:05-11:45am P1 13+F Compete	11:15-11:30am All P1 M Warm Up	
	11:30-11:40am All P1 M Compete	
11:45-12:05pm All P1 M Warm-Up	11:40 - 12:00pm All P1 F Warm Up	
12:05-12:40pm All P1 M Compete	12:00-12:30pm All P1 F Compete	
12:40-1:00pm P2 M Warm-Up	12:30-12:55pm P2 F Warm-Up	
1:00-1:40pm P2 M Compete	12:55-1:30pm P2 F Compete	
1:40-2:20pm P2 F Warm-Up		
2:20-3:30pm P2 F Compete		
3:30-3:55pm P3 F Warm-Up		
3:55-4:40pm P3 F Compete		1:50-2:20pm P3 M & P4 M Compete
4:40-5:00pm P4 F Warm-Up		2:20-2:30pm All P1 M & P2 M Warm Up
5:00-5:30pm P4 F Compete		2:30-2:50pm All P1 M & P2 M Compete
5:30-6:00pm P3 M & P4 M Warm-Up		2:50-3:20pm P1 12- F Warm Up
6:00-6:55pm P3 M & P4 M Compete		3:20-3:50pm P1 12- F Compete
		3:50-4:10pm P2 F Warm-Up
		4:10-5:00pm P2 F Compete
		5:00-5:15pm P1 13+ F Warm Up
		5:15-5:45pm P1 13+ F Compete
		5:45-6:10pm P3 F Warm-Up
		6:10-6:40pm P3 F Compete
		6:40-7:00pm P4 F Warm-Up
		7:00-7:30pm P4 F Compete
7:30pm Team Awards		

2013 Eastern Canadian Gymnastics Championships

May 10-11

St. John's, NL

Schedule: T&T Championships

Competition Day 2 - Finals - Saturday, May 11, 2013

TRA		DMT	
8:10am Gym open for Stretching			
8:30-9:00am	All P1 F Warm Up	8:40-9:00am	P3 F Warm Up
9:00-9:15am	P1 12- F Compete	9:00-9:15am	P3 F Compete
9:15-9:30am	P1 13+ F Compete	9:15-9:30am	All P1 M Warm Up
9:30-9:50am	P2 F Warm Up	9:30-9:45am	All P1 M Compete
9:50-10:05am	P2 F Compete	9:45-10:00am	P2 M Warm Up
10:05-10:25am	P3 F Warm Up	10:00-10:15am	P2 M Compete
10:25-10:40am	P3 F Compete	10:15-10:35am	P3 M Warm Up
10:40-11:00am	P4 F Warm Up	10:35-10:50am	P3 M Compete
11:00-11:15am	P4 F Compete	10:50-11:10am	All P1 F Warm Up
11:15-11:35am	All P1 M Warm Up	11:10-11:25am	P1 12- F Compete
11:35-11:55am	All P1 M Compete	11:25-11:40am	P1 13+ F Compete
11:55-12:15pm	P2 M Warm Up	11:40-11:55am	P2 F Warm Up
12:15-12:30pm	P2 M Compete	11:55-12:10pm	P2 F Compete
		TUM	
12:30-12:55pm	P3 M & P4 M Warm Up	12:05-12:25pm	All P1 F Warm Up
12:55-1:20pm	P3 M & P4 M Compete	12:25-12:45pm	P1 12- F Compete
TRS		12:45-1:05pm	P1 13+ F Compete
1:30-1:45pm	All P1 F Warm Up	1:05-1:20pm	All P1 M & P2 M Warm Up
1:45-2:00pm	All P1 F Compete	1:20-1:40pm	All P1 M & P2 M Compete
		1:40-1:55pm	P4 F Warm Up
2:00-2:15pm	P2 F & P3 F Warm Up	1:55-2:15pm	P4 F Compete
2:15-2:30pm	P2 F & P3 F Compete	2:15-2:35pm	P3 M & P4 M Warm Up
2:30-2:45pm	P4 F & P4 M Warm Up	2:35-2:55pm	P3 M & P4 M Compete
2:45-3:00pm	P4 F & P4 M Compete	2:55-3:05pm	P2 F Warm Up
3:00-3:15pm	P2 M & P3 M Warm Up	3:05-3:25pm	P2 F Compete
3:15-3:30pm	P2 M & P3 M Compete		
3:30-3:45pm	All P1 M Warm Up	3:25-3:40pm	P3 F Warm Up
3:45-4:00pm	All P1 M Compete	3:40-4:00pm	P3 F Compete
4:15pm - Awards for Finals			