



## 2011 CANADA WINTER GAMES

### WOMEN'S ARTISTIC GYMNASTICS TECHNICAL PACKAGE

Technical Packages are a critical part of the Canada Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist the organizing committees by detailing tournament formats and scoring procedures, assist Chefs de Mission in verifying eligibility, help with budgeting by describing the number of participants permitted, advance coaching certification by stating minimum requirements, and generally contribute to athlete development by identifying each National Sport Organization's (NSO) version of prospective high performance athletes.

Every Games' coach, manager, sport leader, and mission staff has an obligation to read and understand every aspect of the Technical Package. Failure to do so could cost an athlete his or her eligibility for the Games or could affect final standings or the conduct of the competition. If someone does not understand an aspect of the Technical Package, he or she is to seek clarification from the Sport Committee of the Canada Games Council through his or her Chef de Mission or National Sport Organization.

Technical Packages are developed primarily by National Sport Organizations, following principles, guidelines, and requirements of the Canada Games Council. As the overall governing body of the Games, the Council has the ultimate authority for Technical Packages, but this authority is exercised only with the knowledge and understanding of the NSO concerned.

If an individual wishes to initiate a change to a Technical Package leading up to the Games, the desired change should be first directed to the National Sport Organization or the Chef de Mission. The NSO or Chef will evaluate the merits of the change and will, if it has merit, submit the requested change to the Sport Committee of the Canada Games Council. The NSO or Chef will submit the rationale for the change. Changes to age groups, eligibility requirements, team size or staff complements will not be considered after three years prior to the Games. Substantive changes to Apparatus or competition formats will not be considered after 18 months before the Games. Minor corrections will be considered at almost any time, but will be increasingly difficult to achieve within six months of the Games. These time frames reinforce the importance of complete understanding of the Technical Package early.

THANK-YOU/MERCI



## 2011 CANADA WINTER GAMES TECHNICAL PACKAGE

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### 1. SPORT: ARTISTIC GYMNASTICS – WOMEN

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### 2. PARTICIPANTS:

- 2.1 Competitors: 7 female
- 2.2 Staff: 2 coaches, one of whom must be female and one of whom will be the manager. One of the men's team coaches may also be on the floor during the women's training, warm-up and competition.
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### 3. CLASSIFICATION:

Female athletes must be a minimum of 12 years old as of January 1, 2011 and a maximum of not having reached 19 years old as of January 1, 2011;  
Born 1992 (*except on January 1<sup>st</sup>*) to 1998 inclusive.

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### 4. ELIGIBILITY:

#### 4.1 Coaches:

Any staff listed as coaches on the official registration form must be fully certified (theory, technical and practical) under the National Coaching Certification Program (NCCP) to at least Level 3 in Artistic Gymnastics, or the equivalent of the new NCCP Competition Stream, Development Context (Trained Status). These coaches must be so certified not later than 90 days before the opening of the Games (i.e. by November 13, 2010).

#### 4.2 Competitors:

Excluded from the Canada Games are:

- a) Athletes that have held C or senior cards (as defined by Sport Canada's Athlete Assistance program) at any time;
- b) Athletes that have competed for any nation at any Senior Pan American Games, Commonwealth Games, Olympic Games or Senior World Championships.

No athlete can be rendered ineligible within 90 days of the opening of the Games due to carding status or national team status (i.e., no athlete will be excluded if they

become National Senior Team members for the first time or are granted carding status after November 13, 2010).

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## 5. COMPETITION:

### 5.1 Regulations

The following will govern the competition (version in force at the time of the Games):

- Current WAG Program Technical Regulations and Directives
- Current Federation Internationale de Gymnastique (FIG) Code of Points
- Current WAG Supplement to the FIG Code of Points
- WAG Canadian Models for the Open category for the 2011 Canadian Championships
- Current FIG List of Elements
- Current WAG List of Canadian Elements

### 5.2 Program

The program will consist of the Team Final, the Individual All-Around Final, and the Apparatus Finals.

### 5.3 Participation

All 7 athletes must compete in the Team competition unless injured or ill.

The top 3 gymnasts per Province/Territory from the Team Final will compete in the Individual All-Around Final. The balance, for a total of up to 36 participants, will be based upon the All-Around total obtained in the Team Final. In case of a tie in 36<sup>th</sup> place, the gymnast with the greater number of highest apparatus scores obtained in the Team Final will compete. If there is still a tie, all the remaining tied gymnasts will compete.

The top 8 gymnasts on each apparatus, with a maximum of two per Province/Territory, from the Team Final will compete in the Apparatus Finals. In the case of a tie in 8<sup>th</sup> position, or in case of a tie between two athletes from the same Province/Territory, the gymnast with the highest D Score on that apparatus from the Team Final will participate. If there is still a tie, all the remaining tied gymnasts will compete in the final on that apparatus.

## 5.4 Flights, Warm-up and Seeding

### 5.4.1 Flights

- a) If there are 79 athletes or less with a maximum of ten teams of seven athletes

There will be two flights (subdivisions). The competition for flight 1 will start around noon with five groups: V, UB, Bye, BB, FX. The competition for flight 2 will start late afternoon with five groups also: V, UB, Bye, BB, FX.

In flight 1, provinces and territories with less than seven athletes may be combined to compose a group of approximately 7 athletes. If there are 10 full teams plus Provinces or Territories with individual athletes (3 athletes or less), the individuals will be combined with other individuals or with a team. The maximum number of athletes per group is 10. All athletes from a Province/Territory will be on the same apparatus.

- b) If there are 80 athletes or more and at least 11 teams of 7 athletes, the schedule will have three flights as follows:
- Flight 3 (latest in the day): 4 groups: V, UB, BB, FX
  - Flight 2 (middle of the day): 4 groups: V, UB, BB, FX
  - Flight 1 (earliest in the day): all remaining athletes

### 5.4.2 Warm-Up and Competition Format

The Canadian format (warm-up and compete immediately) in effect for the Open category at the Canadian Championships 2011 will be in effect for the Team Final. The FIG format - (general and apparatus warm-up on 4 apparatus followed by the competition) will be in effect for the All-Around Final and the Apparatus Finals.

When there are mixed groups (team and individuals), the team will always compete first and individuals will compete last. For the Team Final, warm up and compete will be as follows:

- Team (7) + 1 individual = the 8 athletes warm up together and Team will start competition on every apparatus.
- Team (7) + 2 or 3 individuals = Team will warm up and compete, and the 2 or 3 individuals will warm up and compete afterwards. Team competes first on every apparatus.

## All-Around and Apparatus Finals

There will be a 'touch' warm-up for each rotation / apparatus of the All-Around Final and the Apparatus Finals.

If a group is composed of seven athletes or less, all the athletes will warm-up and compete together. If a group is composed of 8, 9, or 10 athletes, the group will warm-up then compete as follows: 4 – 4, 5 – 4, 5 – 5.

### 5.4.3 Seeding

Seeding to determine the flight (example for 5.4.1 a)

For the Team Final, the Provinces/Territories will be seeded according to their rank in the point system below. Provinces/Territories ranked 6<sup>th</sup> to 13<sup>th</sup> will compete in flight 1. Provinces/Territories ranked 1<sup>st</sup> to 5<sup>th</sup> will compete in flight 2.

The Province/Territory with the highest number of primary points will be ranked first. The primary points are earned based on the results or number of athletes at the 2010 Canadian Championships according to the following formula:

Provincial / Territorial Rank	Number of points			
	Team Ranking Novice  Points	Team Ranking Open  Points	Number of High Performance Juniors  Points	Number of High Performance Seniors excluding Carded athletes  Points
1 <sup>st</sup>	10	10	10	10
2 <sup>nd</sup>	9	9	9	9
3 <sup>rd</sup>	8	8	8	8
4 <sup>th</sup>	7	7	7	7
...	...	...	...	...
10 <sup>th</sup>	1	1	1	1

The secondary process will be used for provinces and territories that do not have any primary points. They will accumulate secondary points according to the ranking of their athletes in both the Novice and Open competitions at the 2010 Canadian Championships.

Provincial / Territorial Rank of the Athletes	Secondary points per athlete
1 <sup>st</sup> (top) ¼ of participants	1.25
2 <sup>nd</sup> ¼ of participants	1.00
3 <sup>rd</sup> ¼ of participants	0.75
4 <sup>th</sup> (lowest) ¼ of participants	0.50

The Province/Territory with the highest number of secondary points will be ranked highest among this group of Provinces and Territories.

A draw will determine the first apparatus for provinces and territories with no primary or secondary points.

The best ranked Province/Territory according to the secondary points will be ranked immediately after the lowest Province/Territory according to the primary points. The provinces/territories whose rank has been determined by a draw will be ranked immediately after the lowest Province/Territory with secondary points.

A tie in the point system will be broken by a draw amongst the tied Provinces/Territories.

Seeding to determine the first apparatus (example for 5.4.1 a)

For the Team Final, the best ranked Province/Territory in each flight will start the competition on Vault. The second best ranked team will start on Uneven Bars, the third on the bye, the fourth on Beam and the fifth on Floor.

For the Individual All-Around Final, the athletes will be seeded according to their All-Around rank from the Team Final according to the draw below.

- Vault athletes ranked 1<sup>st</sup> to 9<sup>th</sup> All-Around
- Bars athletes ranked 10<sup>th</sup> to 18<sup>th</sup>
- Etc.

VAULT		UNEVEN BARS		BEAM		FLOOR	
Comp. Order	Rank Qualif.						
1	5	10	14	19	19	28	30
2	6	11	10	20	21	29	28
3	4	12	13	21	25	30	32
4	1	13	15	22	22	31	31
5	2	14	12	23	26	32	33
6	9	15	11	24	23	33	36
7	8	16	18	25	27	34	34
8	3	17	17	26	24	35	35
9	7	18	16	27	20	36	29

In case of a tie, the gymnast with the greater number of highest apparatus scores obtained in the Team Final will be considered as having a higher rank. In case of a further tie, a draw will determine the athlete considered as having the higher rank.

For the Apparatus Finals, the following draw will determine the order of passage on each Apparatus:

Competition Order	Rank on the Apparatus after Qualification
1	7
2	8
3	6
4	5
5	2
6	1
7	4
8	3

If there is a 9<sup>th</sup> athlete on an apparatus, she will compete first, i.e. before the athlete ranked in 7<sup>th</sup> place after the Qualification.

### 5.5 Judging

The documents mentioned under 5.1 are in effect.

### 5.6 Training Schedule

Published training times must be adhered to. Provincial / Territorial teams are not permitted to negotiate with other teams to exchange times.

## 6. SPORT SCORING:

Please refer to Appendix 2

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## 7. PROVINCIAL/TERRITORIAL RANKING:

Please refer to Appendix 2

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## 8. TIE BREAKING RULE - FOR SPORT SCORING:

Ties are not broken. Teams or athletes having the same total/score will receive the same ranking.

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## 9. PROVINCIAL/TERRITORIAL RANKING - TIE BREAKING:

To determine the Provincial/Territorial points awarded in case of a tie in sport scoring for any of the competitions, the following system will be used:

- \* the number of points for the tied positions are averaged by adding the points for the tied positions and then dividing by the number of tied teams or competitors;
- \* each province or territory then receives the averaged number of points.

Once the sport scoring calculations are completed and in the case of an overall tie in the Provincial/Territorial rankings, the Province/Territory with the greater number of first place rankings will be assigned the higher rank. If the tie persists, the procedure is repeated with second place team scores per Apparatus, then third, etc.

Example:

Out of 6 ranks (C-1 x 1, C-2 x 1, C-3 x 4), the Province/Territory who finished first twice, will be ranked ahead of the Province/Territory who finished first once.

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## 10. AWARDS:

**GOLD:** 12 medals presented to the first place winners in the Team Final and the Individual All-Around Final and to the first place finisher in each Apparatus Final.

**SILVER:** 12 medals presented to the second place winners in the Team Final and the Individual All-Around Final and to the second place finisher in each Apparatus Final.

**BRONZE:** 12 medals presented to the third place winners in the Team Final and the Individual All-Around Final and to the third place finisher in each Apparatus Final.

**4<sup>th</sup> TO 8<sup>th</sup>** A ribbon will be given for 4<sup>th</sup> to 8<sup>th</sup> places of the All-Around Final and the Apparatus Finals.

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## **11. COMPETITIVE UNIFORM:**

Competition uniforms must follow GCG/FIG rules. For the Team Final, members of the same team and individuals gymnasts of the same province/territory must wear a body suit that is uniform and of the same colour(s).

For all medal ceremonies, the official track suit provided by the Provincial/Territorial team must be worn.

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## **12. EQUIPMENT**

Provinces/Territories must only use the equipment supplied by the official supplier. They are not permitted to bring their own boards or other equipment.

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## **13. APPENDICES**

Appendices 1 & 2 form an integral part of this technical package.

**APPENDIX 1**  
2011 (Halifax) Canada Winter Games

Competitor Eligibility

1. Competitors must meet all eligibility requirements outlined in the Technical Package.
2. The Canada Games are open to Canadian citizens and permanent residents.
3. The Games are open to athletes who are members in good standing of their provincial and/or national sport organization.
4. An athlete's permanent domicile or actual residence must be located, for at least the 180 days prior to the opening of the Games, within the recognized boundaries of the province or territory they are representing. An athlete can have only one domicile.
5. Students attending school on a full-time basis outside their province of permanent residence during the year of the Games shall be permitted to compete for either their province of permanent residence or the province in which the athlete attends school. To be eligible to compete for the province where the athlete attends school, the student must be enrolled on a full-time basis during the 2010-2011 academic year.
6. If a non-student athlete attends a recognized national training centre outside his or her province of permanent residence, the athlete is encouraged to represent his or her province of permanent residence; however, the athlete could represent the province where the centre is located under the terms of paragraph (7), below.
7. Exceptions to the domicile requirement will be possible if the athlete can demonstrate a commitment to the province or territory she or he wishes to represent by such means as having been a member of a club or provincial sport organization in that province for the entire previous competitive season, having represented that province or territory at a previous national or regional championship, or having attended school full-time the previous academic year, or a recognized national training centre full-time during the previous 12 months. Other similar circumstances may be considered.
8. An athlete is permitted to try out for only one province or territory per Games.
9. The eligibility of any athlete that is not clearly established by these rules and by the Technical Package shall be determined by the Sport Committee of the Council. **Coaches or Provincial Sport Organizations must bring forward any unclear cases to their Chef de Mission and to their National Sport Organization as early as possible before the competition for forwarding to the Sport Committee of the Canada Games Council.**
10. Where a team/province or territory/Chef wishes to challenge the eligibility of an athlete on another provincial/ territorial team, it is expected that such a challenge will be made as soon

as the protesting team knows that an athlete may be ineligible. Every effort must be made to ensure that protests on eligibility are lodged before an athlete competes.

## OTHER

1. All teams are reminded of the Canada Games Council's regulations concerning advertising on uniforms: only the uniform manufacturer's name or trade mark logo may be worn on team competition uniforms to *a maximum size of 60 square centimetres*.
2. The only coaching permitted is by those accredited coaches identified in the Technical Package. Personal coaches of athletes or additional coaches of any type will not receive accreditation and will not have access to competition or training areas.
3. Canada Games rules do not allow team staff to practice as therapists, physicians or other medical or paramedical practitioners. The Host Society (organizing committee) is responsible for providing high quality medical care at a central clinic at the Athletes' Village and at competition and training venues. The Canada Games Council assists the Host Society through its medical partners by providing additional medical practitioners to ensure that French and English speaking and male and female persons are available, to ensure that sport specific medical expertise is available and to ensure that all regions of Canada are represented. Team staff will not be permitted to administer medical care to athletes.

## APPENDIX 2

The following outlines the sport scoring system for each of the 3 competitions. Team event scores weigh more heavily than do those for Individual All-Around and Individual Event competitions.

**I. Team Scoring:** The teams will be ranked from 1<sup>st</sup> to 13<sup>th</sup> based on their results in Competition I – Team Competition. The following sport scoring points will be awarded to the teams based on their ranking.

### P/T Team Ranking

1<sup>st</sup>  
2<sup>nd</sup>  
3<sup>rd</sup>  
4<sup>th</sup>  
5<sup>th</sup>  
6<sup>th</sup>  
7<sup>th</sup>  
8<sup>th</sup>  
9<sup>th</sup>  
10<sup>th</sup>  
11<sup>th</sup>  
12<sup>th</sup>  
13<sup>th</sup>

### Women's Sport Scoring

90  
84  
78  
72  
66  
60  
54  
48  
42  
36  
30  
24  
18

**II. Individual All-Around Final:** At the conclusion of the Individual All-Around competition, the 36 gymnasts will be ranked from 1<sup>st</sup> to 36<sup>th</sup> based on their results. Each gymnast will receive points inverse to her ranking (1<sup>st</sup> place = 36 / 36<sup>th</sup> place = 1). The total points for the *top three gymnasts* from each province/territory will be added together and the teams will be ranked from 1 to 13 with the highest total score being ranked 1<sup>st</sup>.

### P/T Total AA Ranking

1<sup>st</sup>  
2<sup>nd</sup>  
3<sup>rd</sup>  
4<sup>th</sup>  
5<sup>th</sup>  
6<sup>th</sup>  
7<sup>th</sup>  
8<sup>th</sup>  
9<sup>th</sup>  
10<sup>th</sup>  
11<sup>th</sup>  
12<sup>th</sup>  
13<sup>th</sup>

### Women's Sport Scoring

30  
28  
26  
24  
22  
20  
18  
16  
14  
12  
10  
8  
6

**Note: In fairness to all Provincial/Territorial teams, only the top three (3) gymnasts per team will contribute points to the team total in the Individual All-Around Final even if the team has more than three (3) gymnasts competing in the Individual All-Around Final.**

**III. Individual Event Finals: Based on the Individual Event Finals results, each gymnast (on the different events) will receive points inverse to her ranking (1<sup>st</sup> place = 8 / 8<sup>th</sup> place = 1). The total points for each province/territory will be added together and the teams will be ranked from 1 to 13 with the highest total score being ranked 1<sup>st</sup>.**

<u>P/T Total Event Ranking</u>	<u>Women's Sport Scoring</u>
1 <sup>st</sup>	30
2 <sup>nd</sup>	28
3 <sup>rd</sup>	26
4 <sup>th</sup>	24
5 <sup>th</sup>	22
6 <sup>th</sup>	20
7 <sup>th</sup>	18
8 <sup>th</sup>	16
9 <sup>th</sup>	14
10 <sup>th</sup>	12
11 <sup>th</sup>	10
12 <sup>th</sup>	8
13 <sup>th</sup>	6

**Conclusion: The total sport scoring points collected by each Province/Territory will be added together in order to obtain a final ranking of the teams and the Flag Points will be awarded for each of the Women's (10 points) and the Men's (10 points) categories, as follows:**

<u>Overall Provincial/Territorial Ranking</u>	<u>Flag Points</u>
1 <sup>st</sup> place	10.0 pts
2 <sup>nd</sup> place	9.0 pts
3 <sup>rd</sup> place	8.0 pts
4 <sup>th</sup> place	7.0 pts
5 <sup>th</sup> place	6.0 pts
6 <sup>th</sup> place	5.0 pts
7 <sup>th</sup> place	4.0 pts
8 <sup>th</sup> place	3.0 pts
9 <sup>th</sup> place	2.5 pts
10 <sup>th</sup> place	2.0 pts
11 <sup>th</sup> place	1.5 pts
12 <sup>th</sup> place	1.0 pts
13 <sup>th</sup> place	0.5 pts